

Simulation Training Now Available at Alpena Community College



Alpena Community College's new Simulation Lab is ready to meet your training needs. Experience the opportunity to provide realistic care to a simulated patient in a safe environment. Multiple sessions are available.

Trainings are FREE through 2024.

Post-partum Depression Recognition and Care (2-hour session)

Course Objectives:

- Recognize signs and symptoms of postpartum depression (PPD).
- Identify risk factors and screening tools.
- Provide empathetic and supportive care.
- Collaborate with mental health professionals and educate patients.

Session Outline:

- Overview of PPD and Risk Factors (15 mins)
- Screening and Early Recognition (20 mins)
- Supportive Care and Case Management (40 mins)
- Collaboration with Mental Health Professionals (20 mins)
- Patient Education and Stigma Reduction (25 mins)

Assessment:

- Case Discussions and Interactive Dialogue

About your instructor

Terry McKenzie, Simulation Lab Manager at Alpena Community College.

How to Register

Contact Dawn Stone to schedule your training at 989.358.7293 or stonedawn@alpenacc.edu.



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